

Chilled Peach Soup

Servings: 4 - 6

Prep Time: 30 Minutes

Chill Time: 60 Minutes

Total Time: 90 Minutes



It is amazing and so easy to make, especially for returning guests.

Ingredients

- 2 Lg Peaches - peaches and sliced/diced
- 1 cup vanilla yogurt
- 1/2 cup of peach juice*
- 1 T honey/sugar (to taste)

* can sub in orange juice if you can't find peach

Instructions

1. **Prep peaches:** Peel, core, and slice/dice two large peaches
2. **Blend:** Add all of the above to a blender and puree until smooth.
3. **Chill:** Chill in fridge for at least an hour and can be made the night before
4. **Serve:** Pour into small dessert bowls and garnish with a raspberry, mint spring or slice of peach and serve.